

APRIL 13, 2012 • DENVER, CO

Rocky Mountain 2012  
**Metabolic Syndrome**  
SYMPOSIUM

Jointly Sponsored by



ACCME, ACPE, ANCC

VISITING FACULTY

**TIM CHURCH, MD, MPH, PHD**

Professor of Preventative Medicine  
Pennington Biomedical Research Center  
Louisiana State University



**BRIAN WANSINK, PHD**

Director, Cornell University Food & Brand Lab  
Dept. of Applied Economics & Management  
Cornell University



*"Sherlock Holmes of Food"*



## SETTING

**Renaissance Denver Hotel  
Colorado Ballroom**

**3801 Quebec Street • Denver, CO 80207 • 303-399-7500**

This award-winning Denver hotel is centrally located off I-70, 10 minutes from Downtown and 20 minutes from the Denver International Airport. The Renaissance Denver Hotel

offers 400 well-appointed hotel rooms with your choice of either a king or two queen sized beds, and in-room amenities such as high speed internet, goose down pillows and comforters, and premium cable channels. For extra convenience, the Renaissance Denver Hotel offers a complimentary shuttle to and from the Denver Airport. The hotel has facilities such as heated indoor and outdoor pools, hot tub, dry sauna, and a fully equipped fitness center.

### AREA ATTRACTIONS & LANDMARKS

Colorado Convention Center, Quebec Square Retail Center, National Western Complex, Coors Field, Larimer Square, Denver Zoo, Museum of Nature & Science, Cherry Creek Mall, Denver International Airport

## TARGET AUDIENCE

**This program is designed to benefit Physicians, Diabetes Educators, Nurses, Nurse Practitioners, Pharmacists, Physician Assistants & Registered Dietitians.**

### COURSE DESCRIPTION

This course is designed to bring together leaders in research and medicine with a multidisciplinary group of healthcare practitioners from the Rocky Mountain Region. The activity focuses on practical approaches to the metabolic syndrome and key related clinical challenges. Its central purpose is to create enduring performance improvement that generates compelling advances in patient care.

### FORMAT

Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

### LEARNING OBJECTIVES

Upon completion of this program, the participant should be able to:

- Describe an evidence-based approach to the management of patients with type 2 diabetes and the metabolic syndrome
- Integrate challenges and current recommendations pertaining to the management of atherosclerosis and dyslipidemia
- Manage difficult to treat hypertension and cardiovascular risk in the metabolic syndrome patient

- Integrate current diet and nutrition recommendations for patients with metabolic syndrome and type 2 diabetes
- Implement practical strategies for managing insulin in patients with type 2 diabetes
- Identify optimal diagnosis and treatment of NAFLD/NASH in the metabolic syndrome patient
- Implement effective diagnostic and intervention strategies for osteoporosis, polycystic ovary syndrome and other women's health issues

### TRANSPORTATION

17 miles from Denver International Airport. Airport shuttle service is available on request.

### SLEEPING ROOMS

A block of rooms has been reserved at the Renaissance Denver Hotel at a substantial discount for program participants. The rate is **ONLY \$139 per night** and is effective for reservations made by March 16, 2012. Beyond this date, rooms will be made available on a rate/space-available basis only. Be sure to reference the "Rocky Mountain Metabolic Syndrome Symposium" when making reservations. Call **303-399-7500** and ask for reservations.



- Implement strategies to assess and motivate patients' readiness to incorporate positive lifestyle changes
- Discuss advances in the management of thyroid disease
- Outline comorbid risks of childhood obesity and summarize the most appropriate treatment strategies

*Events, activities, programs and facilities of the University of South Florida are available to all without regard to race, color, marital status, gender, sexual orientation, religion, national origin, disability, age, Vietnam or disabled veteran status as provided by law and in accordance with the university's respect for personal dignity.*

# PROGRAM AGENDA

Friday, APRIL 13, 2012

7:00	Registration (breakfast on your own)
7:45	<b>Metabolic Syndrome Update 2012</b> <i>Marc-Andre Cornier, MD</i>
8:00	<b>Managing the Metabolic Dyslipidemia: A Practical Approach</b> <i>Robert Eckel, MD</i>
8:55	<b>Mindless Eating: Why We Eat More than We Think</b> <i>Brian Wansink, PhD</i>
9:50	Break/Exhibits
10:10	<b>Weight Loss: Counseling Strategies to Promote Behavior Change</b> <i>Daniel Bessezen, MD</i>
11:05	<b>Defining the Optimal Exercise Prescription for Health</b> <i>Tim Church, MD</i>
12:00	Break/Exhibits
12:15	<b>Optional Working Lunch</b>
12:45	Break/Exhibits
12:55	<b>#1: Pharmacotherapy &amp; the CVD Patient</b> <i>Joseph Saseen, PharmD</i>
	<b>#2: Difficult Cases of Obesity Management from Clinic</b> <i>Daniel Bessezen, MD</i>
1:45	Break/Exhibits
2:00	<b>#1: The Work-Up and Treatment of Non-Alcoholic Fatty Liver Disease</b> <i>Kiran Bambha, MD</i>
	<b>#2: Polycystic Ovarian Syndrome: Treatment Goals and Options</b> <i>Margaret Wierman, MD</i>
2:50	Break/Exhibits
3:05	<b>#1: Initiating and Titrating Insulin Therapy in Type 2 Diabetes</b> <i>Michael McDermott, MD</i>
	<b>#2: Hypothyroidism: Case Discussions for the Primary Care Provider</b> <i>Joshua Klopper, MD</i>
3:55	Break/Exhibits
4:00	<b>#1: Managing Metabolic Disorders in the Pediatric Patient</b> <i>Kristen Nadeau, MD</i>
	<b>#2: Hot Topics in Metabolic Bone Disease</b> <i>Micol Rothman, MD</i>
4:50	Adjourn

Agenda is subject to change.

**PHYSICIANS:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of USF Health and CEConsultants. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**REGISTERED DIETITIANS:** USF Health, C0001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from 2/22/10 to 2/21/13. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive up to 7.25 Level 2 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program or materials.



**PHARMACISTS:** The University of South Florida College of Medicine is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 7.25 contact hours (0.0725 CEUs). Universal program number is as follows: 0230-9999-12-001-L01-P.

To receive continuing education credit, a pharmacist must attend the accredited sessions, actively participate in questions and answers, and must return the program evaluation instrument. In order to receive full credit, registrants must register no later than 10 minutes after the start of the meeting and must attend the entire meeting.

## FACULTY

### COURSE DIRECTOR

**MARC-ANDRE CORNIER, MD**  
Associate Professor of Medicine  
Division of Endocrinology, Metabolism & Diabetes  
University of Colorado Denver  
Denver Health Medical Center

### VISITING PROFESSORS

**TIM CHURCH, MD, MPH, PhD**  
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Chief of Endocrinology  
Denver VAMC

**FACULTY DISCLOSURE:** USF Health adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved and also that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course syllabus.

# REGISTRATION

## Information & Fees



### EARLY REGISTRATION: \$179

Discounted fee for those registered prior to March 13, 2012.

### STANDARD REGISTRATION: \$199

Standard fee applies to registrations postmarked after March 13, 2012.

### ONSITE REGISTRATION: \$219

Onsite fee applies to participants that register on the day of the event, April 13, 2012.

The registration fee includes the program, breaks and lunch. Refunds are issued only for meetings which are canceled by the education provider.

**Parking is FREE at this venue. Garage parking is available on a first come first served basis. ARRIVE EARLY if covered parking is a priority.**

## Two Ways to Reserve Your Place

- ▶ Detach completed form below and mail with check. \$179 (prior to 3/13/12) or \$199 (after 3/13/12)
- ▶ Register Online. Visit [www.cme.hsc.usf.edu](http://www.cme.hsc.usf.edu) and click on Course Calendar > Search April 2012 > Rocky Mountain Metabolic Syndrome Symposium.

How did you hear about this program? (Check one)  Mail  Email  Colleague  Other \_\_\_\_\_

Complimentary lunch will be served. Do you require a vegetarian meal?  Yes  No

Name (As you would like listed on your CME/CE certificate)

Degree (MD, NP, RN, RPh, etc.)

Specialty (Endocrinology, Family Practice, etc.)

Address

City, State, Zip

Phone

Fax

Email (receipt will be emailed to this address)

**PAY BY CHECK:** Return form and enclose check payable to: **CEConsultants, LLC**

Mail to: **CEConsultants, LLC • 33 Lark Bunting Lane • Littleton, CO 80127**

I have special needs and require accommodation in order to fully participate in this activity. (Someone will contact you to discuss your needs.)

**PAY BY CREDIT CARD:**  Visa  MC  Discover  AmEx

FAX with credit card number to: 303-933-1764

Name on Card

\$  
Amount

Credit Card Number

Expiration Date

CVV (3 or 4 digit Card Security Code)

Credit Card Billing Zip (if different from above)

Signature

MS041312

For additional information contact **CEConsultants** at [questions@thececonsultants.com](mailto:questions@thececonsultants.com) or call **303-933-1767**